



# Developmental Milestones Birth - 1 year

startles at loud  
sounds (0-3mo)

understands and uses  
some gestures (7mo-1yr)

different cries for  
different needs (0-  
3mo)

uses 1-2 words like  
"mama" or "dad"  
(1yr)

tracks sounds with  
eyes (4-6mo)

understands words for  
common items (7mo-  
1yr)

makes sounds when  
happy or upset (4-6mo)

find more  
information [here](#)



# Developmental Milestones 1-2 years

understands and  
points to body parts

follows 1 step  
directions

listens to simple  
stories and songs

starts putting two  
words together

has many new  
words

uses "p" "b" "w" "m" and  
"h" sounds in words

understands simple  
questions "who's  
that?"

find more  
information [here](#)



# Developmental Milestones 2-3 years

understands  
opposites

follows 2 step  
directions

understands new  
words quickly

has a word for all items  
around them

can use 2-3  
words

talks about items they  
currently do not see  
(object permanence)

asks "why" in  
conversations  
with others

find more  
information [here](#)



# Developmental Milestones 3-4 years

knows some colors,  
shapes, and family  
member names

responds to simple  
wh- questions

understands rhyming  
words

can tell stories or talk for  
4 or more sentences

can talk about  
their day

can be understood  
by most listeners

uses some simple,  
plural words

find more  
information [here](#)



# Developmental Milestones 4-5 years

Understands order (first - last) and time (yesterday, today)

can follow 2-3+ step directions

Can tell a short story

Changes their tone depending on who is listening

identifies letters and numbers

Can say most or all speech sounds with minimal mistakes

will maintain a conversation with others

find more information [here](#)



# What to do if concerns are present:

Know that speech and language delays can happen for a number of reasons

You can consult your primary care doctor for a referral

If under 3, you can seek out birth to 3 services

You can seek an evaluation through local, private therapists for (typically) quicker access to services

Know that Bee's Knees is here to help!