



Developmental Milestones Birth - 1 year

startles at loud
sounds (0-3mo)

understands and uses
some gestures (7mo-1yr)

different cries for
different needs (0-
3mo)

uses 1-2 words like
"mama" or "dad"
(1yr)

tracks sounds with
eyes (4-6mo)

understands words for
common items (7mo-
1yr)

makes sounds when
happy or upset (4-6mo)

find more
information [here](#)



Developmental Milestones 1-2 years

understands and
points to body parts

follows 1 step
directions

listens to simple
stories and songs

starts putting two
words together

has many new
words

uses "p" "b" "w" "m" and
"h" sounds in words

understands simple
questions "who's
that?"

find more
information [here](#)



Developmental Milestones 2-3 years

understands
opposites

follows 2 step
directions

understands new
words quickly

has a word for all items
around them

can use 2-3
words

talks about items they
currently do not see
(object permanence)

asks "why" in
conversations
with others

find more
information [here](#)



Developmental Milestones 3-4 : years

knows some colors,
shapes, and family
member names

responds to simple
wh- questions

understands rhyming
words

can tell stories or talk for
4 or more sentences

can talk about
their day

can be understood
by most listeners

uses some simple,
plural words

find more
information [here](#)



Developmental Milestones 4-5 : years

Understands order (first
- last) and time
(yesterday, today)

can follow 2-3+ step
directions

Can tell a short
story

Changes their tone
depending on who is
listening

identifies letters
and numbers

Can say most or all
speech sounds with
minimal mistakes

will maintain a
conversation with
others

find more
information [here](#)



What to do if concerns are present:

Know that speech and language delays can happen for a number of reasons

You can consult your primary care doctor for a referral

If under 3, you can seek out birth to 3 services

You can seek an evaluation through local, private therapists for (typically) quicker access to services

Know that Bee's Knees is here to help!